



**IN THIS EDITION
 OF**

Service that ROCKS!

~From the Desk of Melanie Houser -pg 1

~Crossword Puzzle - pg. 2

~Health Corner - pg. 2

~You will get there- pg. 3

~ Scary Bella - pg. 3

~Daylight Savings- pg. 4



From the desk of Melanie Houser



HALLOWEEN IS ONE OF THE BEST HOLIDAYS. SO MUCH FUN AND EXCITEMENT GOES ON IN ONE NIGHT! BUT IT IS IMPORTANT TO BE SAFE AND TO KEEP YOUR LITTLE ONES SECURE AS THEY GO OUT INTO THE NIGHT TO TRICK-OR-TREAT. HERE ARE TEN HELPFUL TIPS TO KEEP YOUR HALLOWEEN SAFE:

1. Before going out to trick-or-treat with your youngsters, consider adding reflective tape to candy bags and costumes for better visibility. Things can get hectic out on the streets.
2. Eating a good meal before parties or trick-or-treating is an excellent idea because it will help keep young ones from gorging themselves with Halloween treats.
3. Remember: You should treat streets on Halloween like a school zone. Always drive slowly and stay cautious throughout the neighborhoods.
4. Keep pets in mind on Halloween. Prepare yourself for the reactions they might have to the frightening sounds, sights and lights.
5. Though you and your children may know your neighborhood well, a responsible adult should always accompany young children on their trick-or-treating adventure.
6. As far as the candy givers go, dark houses without a porch light on are generally not involving themselves in the fun. It's best just to pass these houses as it can be potentially dangerous and a waste of time.
7. Do not cut across yards or use alleyways. Stay on the path.
8. Though meddling with candy is rare, it is best for a responsible adult to check treats when everyone is back at home to make absolute sure that there are no spoiled or unwrapped items.
9. Young ones and even adults can get extreme with their candy intake after Halloween. Try to distribute even and reasonable amounts for the days following.
10. For the Adult partygoers: you should make sure to know your designated driver and also make sure that they receive compensation for willing to do so.

THE RIDDLER

What is white when dirty and black when clean?



Answer: chalkboard

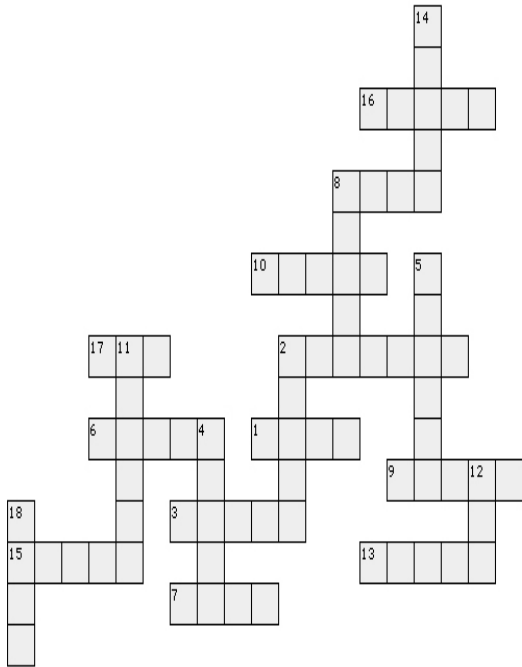
Do You Have A Tough Security or Communications Question?

Then call or email it in! We're always ready and willing to answer any security or communications questions you may have – (800) 803-1992 or genius@eesystems.com



Halloween Crossword

HALLOWEEN CROSSWORD PUZZLE (EASY)



ACROSS:

- 1. BLACK BIRDS THAT FLY TOGETHER
- 2. HE'S ALL WRAPPED UP IN RAGS
- 3. WHAT YOU CARVE FOR HALLOWEEN
- 6. FIELD WHERE PUMPKINS ARE GROWN
- 7. VAMPIRES USUALLY BITE YOU HERE
- 8. THEY FLY IN THE SKY AT NIGHT
- 9. PRANK PLAYED ON HALLOWEEN NIGHT
- 10. FAVORITE DRINK OF VAMPIRES
- 13. SAID TO A HAUNT HOUSE OR PLACE
- 15. TASTES GOOD COVERED IN CARAMEL
- 16. TREAT GIVEN OUT ON HALLOWEEN
- 17. A WORD USED TO SCARE PEOPLE

DOWN:

- 2. A HALLOWEEN RELATED GATHERING
- 4. PLACE WHERE A GHOST MIGHT BE
- 5. SPINS A WEB TO CATCH ITS FOOD
- 8. WITCHES SOMETIMES FLY ON THIS
- 11. MOST COMMON HALLOWEEN COLOR
- 12. A WITCH'S MOST FAITHFUL PET
- 14. VAMPIRES USE THESE TO BITE
- 18. COVERS YOUR FACE ON HALLOWEEN

Courtesy www.HalloweenGames101.com

* Quote of the Day *

Don't go around saying the world owes you a living. The world owes you nothing. It was here first.

Mark Twain

HEALTHY LIVING CORNER



Sleep Better Feel Healthier and Happier



Everybody loves to sleep. Some people sleep too much and some people sleep too little. It is hard to find a balance of sleep in life. Unexpected changes, stress in relationships or jobs, worries or troubles may all contribute to change in sleep patterns. But researchers are finding that there are certain useful tips you can do to ensure that you receive your duly earned amount of slumber.

Try these suggestions if you have trouble falling asleep or staying asleep:

1. **Try to go to bed and get up at the same time, even on weekends.** Routine helps to maintain your body's sleep cycle making it easier to fall asleep at night.
2. **Don't eat or drink large amounts before bedtime.** Eating could cause indigestion and wake you up in the middle of the night and drinking too much could cause you to have to wake up to use the toilet frequently.
3. **Avoid nicotine, caffeine and alcohol in the evening.** These stimulants could keep you awake.
4. **Exercise regularly.** Some people may have a hard time sleeping if they exercise right before bedtime but on a whole exercising daily helps you fall asleep more easily.
5. **Make your bedroom quiet and comfortable.** Use whatever you need to ensure that your environment is as cozy as you can make it. Make it fit what you want, whether it be the lighting, temperature or sound. We all know it is hard to sleep when uncomfortable.
6. **Try to sleep primarily at night.** Naps during the day can steal your nighttime sleep hours away. If you do need to nap, try limiting it to only a half hour or so.
7. **Use a comfortable mattress and pillow.** Make sure that you are comfortable!



Melanie and Michael Houser having some fun at Knott's Scary Farm



Don't worry, you'll get there!

Many residents in the United States have been reporting speeders more frequently. More and more people are volunteering and armed with radar guns to ensure that speeders will not get away with it any longer. These volunteers cannot give speeders tickets, but they can report them to the police which in turn will give them a nice little warning ticket from the police department.

People need to realize that speeding is harmful because it reduces the amount of time needed to avoid a crash. When you speed you increase your likelihood of crashing as well. It also increases your severity of crash adding to this connection of instances that may happen when you speed.

When driving a car, along with not speeding you should:

- Check your tires and do not overload the vehicle
- Beware of bald tires. According to the National Highway Safety Administration, 9 percent of U.S vehicles have at least one bald tire and 27 percent drive with under-inflated tires.
- Maintain your tires. Check tire pressure, tread and alignment frequently. Maintenance improves your gas mileage and lifespan of vehicles which in turn saves you money!



Did You Know?



1. The average adult has 100 billion brain cells. We lose 85,000 of these every day!
2. A person will die from total lack of sleep sooner than from a lack of food.
3. About 61% of Americans wear corrective lenses to improve their vision.
4. On average, it takes a person 2 hours of non stop walking to burn off the calories and sugar from a 12 oz. can of Coke.
5. For the first time ever, there are more overweight than underweight people in the world.



Word of the Month

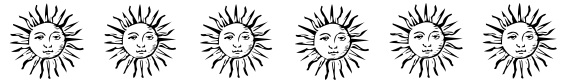
Châ•teau•neuf-du-Pape : (shä-tō-nœf-dy-pap'), *n.* a dry red or white wine from the Rhone valley near Avignon.

Referral Program



We love our loyal client base...
and we love it even more
when you throw us a bone!

If someone you refer to us
turns into a client,
You will receive a \$50 gift
certificate.



Follow Me on

facebook

<http://www.facebook.com/michaelkhouser>

digg

<http://digg.com/users/eesystem>

twitter

[HTTP://TWITTER/MICHAELKHOUSER.COM](http://twitter/michaelkhouser.com)



[HTTP://MICHAELKHOUSER.COM](http://michaelkhouser.com)



Scary Bella Savings!

Get \$39.99 OFF
any on-site service



Limit one per customer for on-site services.
Must tell my sister her dog is not a human!



Sudoku Challenge

The object of Sudoku is to solve the puzzle by having the numbers 1-6 appear once in every row, column, and 2x3 box. The puzzle we feature here is the 6x6, and they get harder and larger. If you still need extra help, try sudoku.com. The next newsletter will feature the answer key to the previous puzzle. Good Luck!

Daylight Saving is almost over!



Be prepared! Nov. 7th, it's that time again when Americans will set their clocks behind by one hour, creating an hour's loss of sunlight in the evening. Daylight saving time will be ending! This may be a nuisance to some and that is as far as it goes, but it also has some effects on health safety that many people are unaware of. Interesting facts about daylight saving time include:

1. For grammars sake, it is "daylight saving time" not "daylight savings time". More people Google this phrase incorrectly.
2. Daylight saving time has mixed effects on people's health. With some people it can disturb their sleep patterns. Night owls may tend to become more restless at night than morning people.
3. There's a spike in heart attacks during the first week of daylight saving time, When daylight saving time ends in the fall, heart attacks briefly become less frequent than usual.
4. A U.S. law signed by President George W. Bush in 2005 extended the length of daylight saving time by four weeks. It now begins at 2 a.m. on the second Sunday in March. It ends on the first Sunday in November.
5. Many other countries observe daylight saving time, but not all do so on the same day.
6. Two states—Arizona and Hawaii—and four U.S. territories—American Samoa, Guam, Puerto Rico, and the U.S. Virgin Islands—don't observe daylight saving time. (smart states) Indiana adopted Daylight saving time in 2006.
7. Local time determines when Daylight saving time begins, so America's eastern time zone makes the switch before the rest of the country.
8. Daylight saving time was first used during World War I, as part of an effort in the United States and other warring countries to conserve fuel. In theory, using daylight more efficiently saves fuel and energy because it reduces the nation's need for artificial light.
9. The first American to advocate for daylight saving was Benjamin Franklin.

		1						
		2		3				4
			5			6		7
5			1	4				
	7						2	
				7	8			9
8		7			9			
4				6		3		
						5		

Thank-You!

Thanks to all my wonderful clients and friends who graciously referred me to their friends and family recently. My business runs on positive comments and referrals from people just like you. I couldn't do it without you!

A special thanks to:

*Michael Crostic
Rich Allen
Philip Mensalves*

How to Get Your 100% Guilt-Free Security Re-activation!

Dear Friend,

We don't care how long its been since your system has been deactivated-and we promise to not make you feel bad about it, either!

Because, frankly, it doesn't matter. We understand life gets in the way, priorities shift and things just plain happen.

So, there's no reason for anyone to treat you with any disrespect or give you a hard time about not maintaining your system regularly. Because you've got a choice of who you want to see, when and how often and we recognize that!

You know, we are always ready to provide you and your family with the highest level of service or to relieve you of the anxiety and discomfort of not knowing whether your family members or material are safe and secure. You don't have to live with it!

Call today for your 100% Guilt-Free Security audit (or re-audit) & mention this [ugly] flyer.

That's right...just call now if you are a brand new client, we will still GIVE you \$100 to spend on whatever security system [or monitoring] you choose. Existing client? If you are an existing client or a client that we haven't seen in a while or have deactivated your monitoring, give us a call and I will apply a \$100 credit to you account for you to use on your next service call or installation! The credit will be waiting for you.

Hurry, this special offer ends on November 30, 2010. Call today (800) 803-1992 if you have a minute and mention this [ugly] flyer!

Your Neighborhood Security Genius,
Michael Houser
President
Electronic Eye Security
Lic. ACO3022
(800) 803-1992

Rapid Response email Back Form to info@eesystems.com

New Clients

Name: _____
Company: _____
City/State/Zip: _____
Phone: _____
Email: _____

Existing Clients

Name: _____
Company: _____
City/State/Zip: _____
Phone: _____
Email: _____
Date and Time for Service Call: _____